

KIDS Spring Training Blitz

Resource Parent Advanced Training

March 3, 2012

\$10 per person (Includes light breakfast & lunch)

****Payment with Registration is Due by February 24, 2012****

Payment is not refundable after February 27, 2012

Presented by:



kids™

A Foster Care and Adoption Consortium

Kids Consortium Member Agencies

Agape Adoption Agency of Arizona, Inc.

Aid to Adoption of Special Kids

AmeriPsych

A New Leaf

Anodyne Development, Inc.

A Place to Call Home

Arizona Adoption and Foster Care

Arizona Baptist Children's Services

Arizona's Children Association

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Devereux Arizona/AZPAC

Family Partners, LLC

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Human Resource Training

Ohana Hoa, LLC

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RISE Services, Inc.

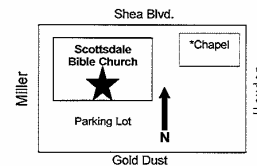
Unity, LLC

West Valley Child Crisis Center

Location

Scottsdale Bible Church

7601 E. Shea Blvd, Scottsdale, AZ 85260



***DO NOT GO TO THE CHAPEL
(NO VAYA A LA CAPILLA "CHAPEL")**

From the Loop 101: Exit Shea Blvd. – West.
The church will be on the South side of Shea
between Hayden and Miller.

*(Del Loop 101: Salida Shea Blvd.-West. La iglesia se encuentra en
el lado Sur de Shea entre Hayden y Miller)*

Lunch

Lunch will be provided at no additional charge to confirmed participants. Meals will consist of a sandwich, chips, fruit and drink. There are many restaurants nearby for those who wish to leave campus.

*(Los participantes que hayan confirmado su participación
recibirán la comida sin costo. Consistirá de un sándwich, papitas,
fruta y refresco.)*

Important

Childcare will not be provided. Due to course content, children must not be present during the training. Thank you.

*No habrá cuidado de Niños. Ya que los niños no pueden estar
presents durante el entrenamiento. Gracias.*

The KIDS Consortium is sponsoring the Teen Boys Room at **Helen's Hope Chest** (HHC). HHC will have a representative at the event giving information on how you too can take advantage of their wonderful clothing bank services.

To help support HHC, we are asking you to **please bring your gently used or new clothing donations to the event**. We are collecting clothing for children of all ages and either gender with a preference on teen boys. Thank you!!!

Class Descriptions and Instructor Information

Bonding .vs. Attachment

Explore the different types of attachment and how to identify the needs of each attachment style; how bonding is different from attachment and how to create bonding / attachment with foster and adopted children.

Misty Adame, LAC, TAD, Child and Family Therapist

Along with a Master of Arts in Professional Counseling, Misty holds a Trauma, Abuse and Deprivation Certification from Ottawa University. Misty has counseled children, adolescents, families and couples. She knows firsthand the struggles of being a foster and adoptive parent and is committed to working with families who feel called to serve children in this capacity.

Parenting the Adopted / Foster Child

Parenting the adopted/foster child is focused on understanding the child's development and developmental gaps, how to identify the needs in that stage of development, and meet those needs to create healing, health and restoration.

Misty Adame, LAC, TAD, Child and Family Therapist

See Bio above in *Bonding .vs. Attachment* class description.

Calming the Erupting Volcano - Anger De-escalation

Do you sometimes feel like you live with an active volcano in your home? Are you living with temper tantrums, conflicts and angry outbursts? Come explore the various primary emotions embedded within anger and the way those emotions manifest themselves in foster/adoptive children's lives and in our own. Issues of fear, separation, loss and grief will be presented. We will demonstrate and develop communication skills to help children manage their own anger and help resource parents learn to model effective anger de-escalation skills. We will launch into the defusing stage of anger and offer great new, practical and easy-to-use methods of discipline to add to resource parents' strategy toolbox, all helpful in alleviating and de-escalating anger.

Belva Stites & Cheryl Twiggs

Both Belva and Cheryl have been PS MAPP AZ Approved Trainers for 8-10 years. They have multiple years of experience in training licensing agency staff, case managers, foster parents, case aides, GALs, etc. Cheryl is a licensed foster parent for HCTC level foster children (boys).

Psychopharmacology

This is an introductory course for non-medical staff members that will describe the common and serious side effects of psychotropic medications. We will also discuss recovery related to medications and develop an understanding of how medications are a part of treatment and how people manage adverse side effects.

Rogelio Calderon, MA

Rogelio is a Learning Specialist with Magellan Health Services, Inc. and provides weekly training to direct care providers and the community. He also provides training with HRT on the subject of psychopharmacology for foster and adoptive parents.

Recognizing and Dealing with the Traumatized Child: Behaviors, Dynamics and Neurodevelopment Parts 1 and 2

****This class is 6 hours. You must attend the morning and afternoon sessions to receive credit.**

Why is this child behaving the way he/she is, even when we are providing a stable and caring environment? The class will explain the impact of developmental trauma in the lives of children and those that care for them.

P. Robert Rhoton PsyD; LPC; CCTP

Robert has a Master's degree in Education and Community Counseling, as well as a Doctorate in Clinical Psychology. He has been teaching graduate level and undergraduate classes since 1994.

Changing the Lives of Teen Mothers Through Foster Care

This training will focus on foster homes for teen mothers in care. Participants will learn about the need for foster homes, resources available to this population, and the experience of teen mothers in foster care through a video, case study, and panel discussion. This training will provide current foster parents a deeper understanding of the teen moms in foster care and enable foster parents to provide a safe, loving environment to meet the unique needs of this population.

Kelli Holman and Debra Wyatt

Kelli was a foster parent for five years. She has led several groups and classes for both teens and families. She has presented on several panels to both foster parents and other professionals about her experiences. Kelli is currently a Foster Family Specialist at RISE for both kinship and regular foster care.

Debbie and her husband Jim have been foster parents for the past 15+ years parenting both boys and girls (mostly teenagers). Debbie says she and her husband began their foster experience thinking 'we were going to help kids', but Debbie feels she has learned as much from her foster children as she has taught them. Debbie is a PS-MAPP trainer for Christian Family Care Agency.

Class Descriptions and Instructor Information Continued

The New Process of Selecting Adoptive Families for Foster Children

This workshop will present the process for selecting adoptive families for children that DES/DCYF recently revised and provide information about the new forms being used. DES/DCYF worked with the National Resource Center for Adoption and a large group of stakeholders including families, agencies, CASAs, attorneys and staff to develop the process.

Susetta (Sue) Schmelz, MSW, Adoption Specialist, Division of Children, Youth and Families

Sue is the Adoption and Adoption Subsidy Policy Specialist for the Arizona Division of Children, Youth and Families. She has over 35 years experience working in public social services in the areas of adoption, adoption subsidy, post adoption support, behavioral health and developmental disabilities.

The Unique Needs of Infants and Toddlers in Foster Care

****This class is 6 hours. You must attend the morning and afternoon sessions to receive credit.**

This training will provide participants with the knowledge and understanding needed to improve their care of foster children birth to five. Topics include: The Arizona Best for Babies program; early brain development; unique developmental needs; the effects of stress and trauma; attachment and emotional care; reflective parenting; best practice recommendations; the Birth to Five assessment; advocacy and navigating the dependency system; resiliency and self-care for foster parents

Meghan Hays Davis, LSW, MAS

Meghan specializes in mental health for foster children birth to five. She has a level two endorsement from the ITMHC of Arizona and is the statewide Best for Babies foster parent training coordinator. She provides training regularly for foster parents and professionals on the unique needs of children under five in out of home care.

Toesies to Nosies Baby Massage InstructionClass size limited to 20**/**This class is offered twice, am and pm. Please register for only one!****

We will discuss the reasons why massage is so valuable in parenting and the effect a daily massage has on the physical, mental and emotional health of a child. We will also discuss how giving a massage provides benefits for the parents. Most of the time, however, will be spent learning the strokes through repetition so the parents feel confident providing a full massage to their child. Massage is especially beneficial for substance-exposed infants!

Martha “Marti” Yates

Marti is a licensed massage therapist that has been teaching infant massage to parents and caregivers for 5 years. Taking just a little time everyday to bond with your baby through your loving touch creates a wonderful emotional foundation for your child’s life and provides many health benefits for both baby and caregiver. Hands on practice with infant dolls provided.

Common Sense Parenting

Subject matter includes: positive teaching, reasonable expectations, giving clear messages, using consequences, and encouraging improvement. This class will use instruction, self-assessment, vignettes, and participatory activities. Attendees will be challenged to put this instruction into daily practice. Class based on the text by Burke, et al.

Ken Young, MA

Ken Young started in the behavioral health field in 1989. Since that time he has worked in both the children and adult systems of care. He has held various positions over the past 20+ years, to include counseling, case management, therapist, adjunct faculty, and clinical supervisor. Ken has been the Program Manager for the Devereux Therapeutic Foster Care Program since 2008. Additionally, he has been an active volunteer with the Civil Air Patrol since 2003. He holds a Master’s degree in counseling and is also a licensed independent practitioner in the counseling and substance abuse fields.

Who Wouldn’t Want a Family?

This workshop will be filled with personal stories of foster youth achieving lifelong connections. Hands-on strategies to work together to create a vision of permanence, and hope for a future that includes a family for all youth.

Berisha Black, Casey Family Programs, Technical Assistance Analyst, Systems Improvement

As an Analyst in Systems Improvement with Casey Family Programs, Ms. Black provides technical assistance around the engagement of constituents. She often facilitates trainings in state jurisdictions around Permanency Values, Better Together and Strategic Sharing. Prior to joining Casey Family Programs, Ms. Black served as the Youth Ombudsman for Los Angeles County Department of Children & Family Services which has the highest number of Foster Children in the Country. There she handled complaints directly from Foster Youth and was instrumental in elevating policy and practice changes to improve the system. Ms. Black is a graduate of California State University Los Angeles, with a degree in Social Work. While in college she joined the California Youth Connection, an advocacy group for Foster Youth and began speaking publicly about her life in foster care. Ms. Black has developed curricula, trained on a variety of topics and has also been a public speaker on foster care issues locally and nationally sharing her ideas for change. Her motto is “Nothing about us without us” which means that foster youth and alumni have a voice and should be heard. Ms. Black has many accomplishments and has received numerous recognitions and awards for her work as a leader and advocate in Child Welfare.

Class Descriptions and Instructor Information Continued

Understanding Oppositional Defiance Disorder

Define the condition based on the DSM descriptors; discuss interventions for school aged and adolescent children; and discuss family systems, structures and strategies in dealing with ODD. Learn how to successfully parent and enjoy your child!

Marina Serebrenikov M.Sc, Master in Infant Family Practice, Parenting Arizona

Parenting Arizona has continuous parent education workshops throughout the year. Marina focuses on research and exploring the infant mental health field. In addition to experience working with children and families as a teacher, grant writer, parent educator and continuing education workshop facilitator -currently her passion is for providing a safe space for parents and children to bond and learn through a parent-child interactive play.

Teenage Brain and Drugs Overview – AND – Compulsive Hoarding

The Teenage Brain and Drug Series reviews the origin of illicit substances (examples include, but not limited to methamphetamine, marijuana, cocaine, club drugs, etc.), suggests possible physiological and psychological side effects, analyzes the brain's response to illicit drug use and recommends strategies for parents, guardians, and helpers in the community to intervene and/or prevent teens from engaging in illicit drug use. Some strategies include effective communication, recognizing at-risk teens, signs and symptoms of teenage use and other meaningful activities for intervention and prevention.”

Compulsive Hoarding reviews the disorders most frequently associated with hoarding behavior. It gives information of the common features of hoarding behavior, why individuals hoard and some of the consequences of hoarding. The course also reviews common treatments for hoarding behavior.

Andrea Aristizabal, MC, LP, Learning Specialist, Magellan Health Services of AZ, Inc.

Andrea Aristizabal, MC, LPC is a Learning Specialist with the Magellan Learning and Performance department. Andrea completed her undergraduate degree at Arizona State University with a B.S. in psychology and received her Masters of Counseling from the University of Phoenix. She is a Licensed Professional Counselor (LPC) with formal training in Eye Movement Desensitization and Reprocessing (EMDR), is a certified Applied Suicide Intervention Skills (ASIST) trainer, American Society of Addiction Medicine (ASAM) Trainer for the State of Arizona. She has worked with children and adults with substance abuse disorders. She has also worked in crisis for the CPS Rapid Response Team for children. To further build a more thorough knowledge in her field, Andrea received her certificate from Southwest Human Development, Harris Program for continuing education in the area of infant and toddler mental health.

Kathy Corley Okon, Learning Specialist, Magellan Health Services

Kathy has 20 years of clinical experience working in the areas of Adolescent Treatment, Incarcerated Juveniles, Aging Adults and Adult persons with a diagnosis of Serious Mental Illness. She enjoys training clinical staff in the areas of: Community Outreach, Compulsive Hoarding Behaviors, Crisis System and Behavioral Health Assessment. Certifications/Specialized Trainings: Certified Master Level ASIST Trainer, Nonviolent Crisis Intervention Certification, Certified Psychiatric Rehabilitation Practitioner and Certified CPR/First Aid Instructor.

Foster Care and Crisis Services

This workshop will provide an overview of the process that children go through when they are removed from their homes and the crisis services that are available for the children. We will also provide a look at the services and support that are available for the caregivers.

Patti Ritchie-Williams

Patti has worked in social services for over 18 years in a variety of capacities within the child welfare and behavioral health arenas utilizing strength-based client centered approaches to empower and promote increased self-sufficiencies, skill development, and quality of life for those she serves.

Areas of expertise include: Domestic Violence, Child Welfare, Independent Living Skill Development and Education, Program Development, Training, Monitoring and Evaluation, Behavioral Health, and Collaboration.

Kimberly Sacra

Kim is the Clinical Manager of CPS Rapid Response and CPS Stabilization teams at TERROS. She holds a Masters Degree from Chapman University and has completed the 2 year Infant Mental Health Specialist program at Harris Institute. She has been working in mental health / crisis field for 14 years, specializing in children for 7 years.

Erica Chestnut

Erica has worked in the community mental health field in Arizona since 1999. She received her master's degree in Counseling in 2002 from Arizona State University and has continued to work within the RBHA system ever since. Her current position is with La Frontera AZ, Empact- Suicide Prevention Center as the Manager of Children's Crisis Services, which includes oversight of the CPS Rapid Response and CPS Stabilization programs. Erica currently participates in the Best for Babies Initiative and the Arizona Alliance for Drug Endangered Children in an attempt to create better outcomes for children and their families by promoting collaboration with other community partners.

Class Descriptions and Instructor Information Continued

Special Education / IEP Basics

This workshop is designed for parents or care-givers new to the special education system. Parents will learn the fundamentals of Special Education Law and the purpose of Individual Education Plans (IEP). This workshop will cover who, what, where and why questions of the special education process. Parents will learn the importance of being an active member of the IEP Team.

Teresa Welsh was born and raised in New York receiving her bachelor degree in Business Administration from the University of Plattsburgh. She is married to Douglas and has three sons, Tyler, Thomas, and Alexander. Teresa has spent the last 10 years learning about Attention Deficit and Hyperactivity Disorder (ADHD) and Asperger's Syndrome. During this time, she quickly realized that she had to learn how to become an advocate for her children within the education and health care system. "I often felt alone and even bullied when it came to making sure that my children were provided the best supports available." Teresa has turned her need to support her children into a passion to help other parents with children having similar needs and struggles, better navigate the educational support system. "Parents need to better understand federal, state and local laws regarding available services within the school in order to best advocate for their child's needs." She has been going out to the community to provide parent workshops to help parents, foster parents, daycare and children organization to educate and training on ADHD, Asperger, and other disabilities.

Entendiendo los comportamientos de mi hijo(a) adoptivo (a) temporal (*Understanding my foster care child's behaviors*) (español) (Spanish)

Los participantes de este taller podrán tener un mejor entendimiento de los comportamientos de su hijo (a) adoptivo (a) temporal que usualmente son confundidos y categorizados como comportamientos desafiantes, negativos, y a propósito. Hablaremos del trauma y como el trauma afecta los comportamientos de los niños. (*Workshop participants will have a better understanding of their foster care children's behaviors that usually are confused and labeled as defiant, negative, and acting out on purpose. We will discuss trauma and its impact on children's behavior.*)

Noé Vargas, MA, LPC

Noé Vargas obtuvo una maestría en consejería profesional de la universidad de Ottawa. Él está licenciado independientemente para practicar consejería por el estado de Arizona. Él ha trabajado en diferentes localidades en salud mental y con diferentes poblaciones incluyendo con padres y niños en cuidado adoptivo temporal. Él actualmente está haciendo un doctorado en salud conductual en la Universidad Estatal de Arizona.

Noé Vargas holds a master degree in professional counseling from Ottawa University. He is independently licensed by the state of Arizona to practice counseling. He has worked in various behavioral health settings with different populations including foster care parents and children. He is currently doing a doctorate degree in behavioral health at Arizona State University.

Familias Resistentes (Español) (*Resilient Families*)

La estructura más básica para una relación de familia saludable, la habilidad de volver de un trauma o una situación difícil. (*Create and maintain a healthy couple's relationship through the journey of raising a child with special needs.*)

Destrezas para ser un Padre Defensor Eficaz (Español) (*Parent/Professional Collaboration*)

Usted aprenderá: *Que es ser un defensor * Cómo mejorar sus destrezas de Abogacía * Como hacer una contribución significativa.

(*Techniques for effective advocacy; what to ask, and how to ask for it.*)

Dolores Herrera – Family Support Specialist

Dolores a apoyado a familias en la Comunidad Hispana durante doce años. Ella es miembro de la mesa directiva del Concilio Advisor del Departamento de Discapacidades en el Desarrollo (DDAC). También ha sido miembro de la Mesa Directiva de la Asociación de Spina Bífida y previa Presidente del Grupo de Apoyo para Niños Especiales (GANE). Dolores comenzó a trabajar con Criando Niños Especiales como voluntaria, ella es madre de tres hijas y un hijo con el diagnóstico de Spina Bífida y Hidrocefalia.

(*Dolores has been advocating for Spanish speaking families for twelve years. She has been a member of the Developmental Disabilities Advisory Council (DDAC) for seven years. She has served on The Division of Developmental Disabilities' Support Coordinator Core Training Parent Panel and is a past-president of a Support Group for Special Children (Grupo de Apoyo Niños Especiales: GANE) within the Hispanic Community. Dolores began working with Raising Special Kids as a volunteer and is the mother of 4 children including a son who has Spina Bifida and Hydrocephalus.*)

Registration Form

Registration Deadline: Friday, **February 24, 2011**

MAIL PAYMENT & REGISTRATION FORM to:

Unity - Attn: Javier Campos

21469 North 78th Avenue #155

Peoria, AZ 85382

Please make check or money order for \$10.00 per person, *payable to KIDS Consortium*.

Questions Only email Javier at jcampos@unity-LLC.com

Registration will be confirmed by phone or email. If you have not received confirmation by Wednesday, March 1, 2012, Please contact Javier Campos at (602) 541-2181 or jcampos@unity-LLC.com

Class Information and Schedule

Please indicate your first & second preference with "1" or "2". **The Traumatized Child** and **The Unique Needs of Infants and Toddlers** are each two part classes and require attendance at both am and pm sessions for credit. All classes are "first come, first served" according to when registration forms are received. Classes fill up fast so send yours in quickly!

8:00 a.m. - 9:00 a.m. Check-In and complimentary breakfast

9:00 a.m. - 12:00 p.m. Session One

1:00 p.m. - 4:00 p.m. Session Two

_____ Bonding .vs. Attachment

_____ Parenting the Adopted / Foster Child

_____ Calming the Erupting Volcano –
Anger De-escalation

_____ Psychopharmacology

_____ The Traumatized Child – Part 1 (6 hr.
training)

_____ The Traumatized Child – Part 2 (6 hr. training)

_____ Changing the Lives of Teen Mothers
Through Foster Care order

_____ The New Process of Selecting Adoptive Families for
Foster Children

_____ The Unique Needs of Infants and Toddlers
in Foster Care - Part 1 (6 hr. training)

_____ The Unique Needs of Infants and Toddlers in Foster
Care - Part 2 (6 hr. training)

_____ Infant Massage (Limit 20 participants)

_____ Infant Massage (Limit 20 participants)

_____ Common Sense Parenting

_____ Who Wouldn't Want a Family?

_____ Understanding Oppositional Defiance
Disorder

_____ Teenage Brain and Drugs Overview – AND –
Compulsive Hoarding

_____ Foster Care and Crisis Services

_____ Special Education / IEP Basics

_____ Entendiendo los comportamientos de mi
hijo(a) adoptivo (a) temporal **(español)**

_____ -Familias Resistentes (Resilient Families)
-Destrezas para ser un Padre Defensor Eficaz
(Parent/Professional Collaboration) **(español)**

12:00 p.m. - 1:00 p.m. – Lunch / afternoon check-in for those attending in the afternoon only.

12:00 P.M. - 1:00 P.M. - enregistramiento del almuerzo/de la tarde para esos que atienden por la tarde solamente.

Complete 1 Registration Form Per Person and Enclose \$10 Per Person

****Make Check or Money Order Payable to: KIDS Consortium****

Payment is not refundable after 2/27/2012

Termine 1 boletín de inscripción por persona e incluya \$10 por persona

**** haga la orden del cheque o de dinero pagadera a: KIDS Consortium****

*** Pago no es reembolsable después de Februray 27, 2012***

Please Print Clearly:

Por favor escriba con letra clara:

Name (*nombre*): _____

Phone (Teléfono): _____ Licensing Agency (Agencia): _____

Email (Correo electronic): _____